



# Chapter V Valley Wings News



Chapter Directors:  
Garry & Maxine Alexander  
253-770-3866

Meets 1st Thursday 6:00pm  
Auburn Eagle Lodge  
702 M St SE Auburn

## From the Chapter Directors:



What a great September we have had! Two couples attended 'Ride for the Kids'. What a great uplifting and heartwarming this event was. The courage and strength shined through with all of the 'super stars' we were able to give a motorcycle ride.

Two couples also attended the 'Riddler Run' put on by chapter 'Y'. What a riddle it turned out to be and we had a great time trying to solve it. Those who did not attend missed a super ride on a better than average September day.

I would like to mention the upcoming 'Progressive Dinner', Oct. 8<sup>th</sup>. We hope to see you there. A great time is always had and even greater **food**.

We promised Chapter 'Q' that members of our chapter would be there, since they were kind enough to help with our Mall Show. This event takes place at the Poodle Dog October 22<sup>nd</sup>. More information will be available at our gathering October 6<sup>th</sup>.

Our district Leadership Conference put on by Region I in Pendleton, OR October 8<sup>th</sup>. It begins at 8:00Am and continues until 5:00PM. Those who would like to attend are more than welcome.

Keep both wheels on the road and remember the rainy season will soon be upon us and road conditions will be changing.

Respectfully Submitted

Garry L. & Maxine Alexander  
Ride Safe Have fun,

## FROM ASSISTANT CHAPTER DIRECTORS:



### Greeting Everyone!

Fall is here and the weather is turning a little cooler. The Drive-In is closed for the season so, I get to sleep in on Saturdays. But the most exciting news is that I finally got to ride an 1800. My friends Mark and Robin Gallop have a 2002 Wing and It just doesn't get ridden much. I was going to do some maintenance to it anyway so I just decided to keep it for a week or so. So, my other friends Mike and Karen Walenceus and Sharon and I headed north to Issaquah. I always thought that the 1800 seemed small. It is definitely not a 1500. I really love the 1500 but there is no comparison between the two bikes. We put on a little over 100 miles. Now I see why they didn't change much with the new 2012. The smoothness and cornering ability of this bike are amazing. I really fell in lust with it. The only things that I really didn't like were the bags and trunk are much smaller. I couldn't put my coffee carafe in the trunk. Not tall enough, and my helmet wouldn't fit into the saddle bag. With that said I still want one. I can adapt!!!! So, here is my challenge to everyone.....Leave an 1800 on my doorstep and no one will be missing theirs. Someday..... Dennis

## FROM HONORARY ASSISTANCE CHAPTER DIRECTOR:

### Support Your Chapter



Over the past few weeks we, Marion and I, have been riding more. On September 10<sup>th</sup> we rode to Buckley for the Riddler Run, however we never made to ride itself. When we arrived at registration Roy McKenzie said they could use our services at registration signing up people for the mileage guess. Now you may wonder why we worked chapter Y's registration table, but as some of you already know Marion and I have dual membership for 'V' and 'Y' and when duty calls you respond. Just like I keep harping Support Your Chapter and in our case its Support **Our** Chapters. Of course our home chapter is 'V'.

September 11<sup>th</sup> the day after the Riddler Run, Garry, Maxine, Marion and I rode up to Carnation to the Remlinger Farms whom hosted the Ride for Kids. There were several hundred motorcycles of all makes in attendance including one Spider and one Russian bike with side car, both of which were used to transport kids, as did Garry and Maxine. Just before the ride the Cossacks drill team, with their old Harleys put on a frantic show all done on wet green grass.

The ride itself was a little shorter than usual, however the police escort put the safety of the riders right up front, there had to be at least six motorcycle police escorts. Nothing at all like previous rides, you can now feel safe on this ride, no more wrong turns or freeway travel. I would recommend this ride for anyone. To top it off at the end of the ride making a left turn into the Farm, all of the officers standing in a row across the hiway standing attention saluting us riders as we turned left. I kick myself for not having our camera ready, what a picture that would have made.

After the ride we stayed for the Celebration of Life program where they interviewed the local kids afflicted with brain tumors. A couple of the parents went on to say thanks for all of the support they have received from the Foundation and to all of us motorcycle riders. A little tear jerking at times. Chapter 'V' contributed \$1400.00 , \$1000.00 from chapter funds and \$400.00 from individual members See below for more of the Ride for Kids.

Keep the wheels rolling

Ken & Marion

## From the Chapter Educator:



From the desk of John Doughty GWRRA Chapter Educator Chapter V.

For the last several months I have written articles, mentioning to you the need to take an “invisible” stance as a motorcycle driver and assume the “other” driver not seeing you. Never, never, never count on "eye contact" as a sign that a driver has seen you and will yield you the right of way. All too often, a driver looks right through the motorcyclist and **fails to "see" you.**

I mentioned the need to make yourself **VISIBLE** by wearing bright cloths or vest, a white helmet, add a modulating headlight, add driving lights, and perform road and lane maneuvers to make you obvious to that other driver. In today's article, I would like to pass the responsibility of **SIGHT** on to you.

You are to see that other driver and to take avoidance actions by introducing you to an acronym that might help you remember to take an active role in survival: **SEE** **SEARCH – EVALUATE - and - EXECUTE**

By using acronym **SEE** to help remember what you should be doing while sitting behind those handlebars and peering through that plexi-glass.

In their latest study, according to the American Automobile Association (AAA) Foundation for traffic safety, aggressive driving accounts for 56% of the fatal accidents. What if we, as motorcyclists, could change that statistic just by the activation of our awareness of what is around us and by **SEEing** the danger?

In an older motorcycle accident study, called the “HURT Report”, the research documented that 30% of the riders did not take evasive actions and those that did; only 18% used their front brake. Only 16% applied their rear brake and their front brake. The HURT study’s conclusion was: “accident involved riders did not demonstrate some basic motorcycle riding skills in the instant when a hazard was presented”. A reminder of just who is in charge behind those handle bars.

Prevention: Getting your brain to engage and do something that you have practiced over and over until it is automatic. Many professional road racers practice, practice, and practice their racing maneuvers until it becomes automatic. We are not racing professionals but, the racer’s principal is the same whether on the race track or on the general highway - PRACTICE, PRACTICE, PRACTICE.

When was the last time you stopped at an empty parking lot and practiced slow maneuvers, turning, swerving, and braking? When did you get out on the practice field spending some quality FREE time to practice those tight and slow turns? You do not need a formal class to practice the maneuvers of balance, turning, and braking. Can you make a figure eight in an 18 x 20 foot wide rectangle (about the size of two attached parking spaces) without putting your foot down?

PRACTICE PRACTICE, PRACTICE, is the only way you are going to get there. Remember – HEAD UP – Yes, you can make that 18x20 wide figure eight without touching the ground – PRACTICE, PRACTICE, PRACTICE.

Then, after you practiced in the parking lot, go out into the traffic, and apply the 12 second SEE rule. SEE – **SEARCH – EVALUATE – EXECUTE**. That is, looking down the road in 12 second clips searching for what is going on with the traffic, on the side roads, and behind you. By analyzing what you see in those 12 second forward views, you are to make an evaluation of the events ahead of you. That evaluation should allow you time to prepare to react and EXECUTE an avoidance maneuver in time to avoid a hazardous situation.

**PRACTICE, PRACTICE, PRACTICE – 12 seconds of SEEing – SEARCH – EVALUATE – EXECUTE**

After you have practiced these skills mentioned and those skills become a part of every moment while driving, and giving the fact that you have practiced the looking drills, practiced parking lot drills, practiced braking drills, practiced slow maneuvers, you just might find yourself applying your fingers on the front brakes well before a situational hazard that you have observed within those short 12 seconds ago. Only until you experienced the practice will you find yourself in automatic reaction mode. It is only then that you can say to yourself that, you finally have engaged your brain in automatic prevention. Your actions provided yourself a preventative and reactive mode saving precious reaction time and perhaps avoiding an accident.

Drive safe out there and pay attention to those other drivers. You are invisible to them they can not see you but **YOU CAN SEE THEM**. You can apply the SEE and avoid acronym – **SEARCH-EVALUATE-EXECUTE**

Et Cetera: European Motorcycle Sales Market trend drops another 25% – U.S. market numbers are following suit. The evidence shows a three year trend of steady decline in the market leading to a loss of almost 300,000 units due to the current economy strains the world is experiencing. On a side note: Electric motorcycles and scooters are doubling (.3% or 11,000 units sold) as their sales and vehicle registrations are surpassing the sale of electric cars.

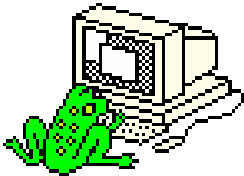
Sincerely,

GWRRA Chapter Educator –

JOHN E. DOUGHTY

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## FROM THE CHAPTER NEWSLETTER EDITORS



That cotton shirt I dug out last month, ya you guess it, its back in storage. Why we even started out stove up the other day. They even are predicting a tough winter. Terri says our flowers are trying to tell us something big stalks little flowers. I haven't seen any geese heading south yet, so you tell me!

Back to what I'm supposed to talk about. Newsletter articles. I want to thank JD and Carol for their input, also Sharon with her recipes along with Charles and his recipes. Now maybe we can jar some other of our members for some input. How about it Ed Miller, just a little article?

A reminder **We have moved the articles due date to the last Saturday of each month.** We have hardcopy's available for the members that don't have a computer up and running, just let us know.

Still looking for some tid-bits that you might like to share with the rest of us. Send article to [hart96@comcast.com](mailto:hart96@comcast.com)

Keep the articles coming?

Ken/Marion

## FROM THE CHAPTER SECRETARY



Chapter V held the monthly gathering at the Auburn Eagles on September 1 2011. Visitors included Larry Maulding, Terry Groy and Chapter Q's, Dean Kalles, Bill Crain, Barry and Char Darling.

Garry introduced the staff for the benefit of a new member, Michael Smith. Michael found us on the net. He is a self-declared "newbie" not having ridden for years.

Our September 10<sup>th</sup> ride was rescheduled to the 24<sup>th</sup>, tentatively to Point No Point unless someone suggests a difference destination. If you have somewhere else you would like to go, please call Jim.

Dean talked about "Q's" Halloween Dance Oct 22nd this may be their last if the turnout is too small, the usual prizes, best couple, best single, best chapter. Held at

the Poodle Dog.

Rides coming up are Sept 10<sup>th</sup> Riddler Run, Sept 11 Ride For Kids, Sept 24<sup>th</sup> Chapter Ride.

John on Safety. Most accidents happen at left turn intersections. Mirrors on his 1800 vibrated loose and caused the bolts to strip out.

One of our dear old friends, Dan Dawley passed after a long illness Aug. 31. Detail on services will e-mailed and phone tree.

Progressive dinner on Oct 8<sup>th</sup>. We need some volunteer homes for breakfast and luncheons snacks between dinner. Dwight and Kathleen may hold dinner at their home. Any suggestions call Garry or Ken.

Dennis reported his trip to Ohio, flat tire in Coeur d'Alene Idaho at 3:00 am. Showed vests by Sharon's aunt for \$25.00.

Chapter "Q's" Char and Barry Darling have an embroidery business, will give us good deals for hats and what not.

Garry brought up we should be thinking of rides for next year.

Chapter Member Color Drawing went to Jan Ljunggren who was not present and the 50/50 prize dollars went to Bill Crain

Minutes by Marion Harter

## FROM THE CHAPTER COUPLE OF THE YEAR:



We have been approached by many people making comments on what a nice bike we have. I tell them thank you and when they mention what type of bike they ride or had ridden in prior times, I also tell them they had a good bike. It's true – I always feel that the best bike in the world is the one you currently ride or had the pleasure of seeing some of the countryside on before. While chatting with these people, I learn of new places to travel to. Either it is for panoramic vistas or challenging roads. Personally, I prefer the sight-

seeing aspect. I've had the challenging drives in my early years out on my trail bike.

Now for a bit of safe driving input. How close do you follow a vehicle – mostly four wheels or more? I had the misfortune of having a retread from a truck tire strike the side of my 5<sup>th</sup> wheel toy-hauler. I hate to think of what the outcome would have been if I was riding the bike at the time. The retread was just lying in the center of the road, but can you imagine what would happen if a part of that tire came off while you are in the area? Give yourself plenty of space between the vehicle in front of you and your front tire so you have ample time to react.

Our nationwide tour is fast coming to an end. We have been through many different weather conditions and also witnessed some awesome scenic sights. Some places we wish we could have spent more time to visit friends or do some more touring. Some places we were happy to leave as soon as we did. We have been starting a new bucket-list for places to revisit sometime in the future. This has truly been an adventure along with a learning experience. Who knows, maybe we will see some of you on our next outing.

Smile often and ride safely.

If you are interested in reviewing some of our pictures and our comments in a journal, check them out at [www.gwrra-wav.org/2011-Vacation.htm](http://www.gwrra-wav.org/2011-Vacation.htm).

Vic & Sharon  
WAV Couple of the Year

## FROM THE CHAPTER TECHNICAL ADVISOR:



So, I have had the Rare 95amp alternator in the Wing for about two months and it has worked flawlessly. What an easy upgrade. get yours at [rareelectrical.com](http://rareelectrical.com) .

Garry and I have been busy replacing lights on his ride. We are upgrading most if not all of his lights to LED. The difference in light output is amazing. They are BRIGHT. Check out Equipment Unlimited in Sumner. They are a truckers store but they have a nice assortment of lights and other asst things you can use on your Wing. Just go in and talk to Greg and tell him what you are looking for. You just have to use your imagination.

I changed the oil and filter and the air filter on an 1800. It took me about 2.5 hours to take it apart and put it back together. They really have the air filter hidden. But, I was really looking forward to tearing it apart. the air filter only has to be changed every 24000 miles so I guess it really isn't that bad. I look to youtube for videos and information on anything I am not familiar with. But, I also look at several videos not just one. Just in case I am getting the wrong info.

Dennis

## RIDE FOR KIDS

FOR IMMEDIATE RELEASE

Contact: Mary O. Ratcliffe

800-253-6530 or [mratcliffe@rideforkids.org](mailto:mratcliffe@rideforkids.org)

### **Motorcyclists serve children in need at Ride for Kids® events in three states**

Hundreds of motorcyclists in three states observed the Sept. 11 National Day of Service and Remembrance by helping children in need. Participants at Ride for Kids® events in Washington, Alabama and Indiana brought \$182,793 in donations to the Pediatric Brain Tumor Foundation® (PBTf) for medical research and family support programs.

### **Puget Sound rides for hope**

Rider support for local brain tumor survivors is strong in the Seattle area, as the crowd of 335 proved at the 19th Puget Sound Ride for Kids®. The event raised \$85,797 for the PBTf.

Fog gave way to sunny skies as the ride traveled from Remlinger Farms through the Cascade foothills and back again. The honored guests were Ride for Kids® "stars" Nick, Andrew, Claire, Xander, Allison, Judah, Anthony, Skyler, and Eric.

"I feel lucky. I've been coming for seven years and my child is still alive," Judah's father, Frank, told the riders. "When we found out Judah had a brain tumor, we contacted the PBTf and they overnighted us the information. You really find out who your friends are. Here we have people supporting us and we don't even know you."



*"Ride for Kids® means a new hope for everyone," brain tumor survivor Andrew said in Puget Sound.*

## RECIPE CORNER:

This is very tasty and delicious recipe and its good for diabetics by Marion

### **Spicy Ginger Marinated Chicken**

Low-sugar orange marmalade and reduced-sodium soy sauce team up in this sensational marinade for chicken. Pounding the chicken breast halves into flat pieces allows the marmalade to soak in evenly and the chicken to cook quickly so it doesn't dry out.

**Servings** 4 (3-4 ounces chicken and 2 teaspoons sauce each)

**Carb. per servings** 7g

- ¼ cup low-sugar orange marmalade
- 3 tablespoons reduced-sodium soy sauce
- 2 tablespoons rice vinegar
- 1 tablespoon canola oil
- 2 teaspoons grated fresh ginger or  
½ teaspoon ground ginger
- 1/8 to ¼ teaspoon crushed red pepper
- 4 skinless, boneless chicken breast halves  
(1 to 1 ¼ pounds total)

1. For marmalade: in a small bowl, stir together marmalade , soy sauce, vinegar, oil, ginger, and crushed red pepper. Transfer 1/3 cup of the marmalade to a small bowl; cover and chill until ready to serve. Set aside remaining marmalade.
2. Place each chicken breast half between two pieces of plastic wrap. Using the flat side of a meat mallet, lightly pound each chicken breast half to ½ inch thickness. Remove plastic wray. Place chicken in a large resealable plastic bag set in a deep bowl; add remaining marmalade. Seal and turn to coat chicken. Marmalade in the refrigerator 4 to 6 hours, turning occasionally. Drain chicken, discarding marmalade.
3. Coat an unheated very large nonstick skillet with nonstick cooking spray; preheat over medium-high heat. Add drained chicken breast halves. Cook 5 to 6 minutes or until chicken is no longer pink (170 deg F), turning once. If chicken browns too quickly, reduce heat to medium. Transfer chicken to a serving platter. Cover to keep warm. Add the reserved 1/3 cup marmalade to the same skillet. Heat through, stirring to scrap up any browned bits. Serve sauce over cooked chicken.

***Watch for Sharon Murphy's Irish Cream Bundt Cake next month. Mum sound good!***

## CHAPTER BIRTHDAYS:



David Elmquist  
Kristen Langley  
Lucy Docherty  
Ruth Johnson  
Sally Lyon

## CHAPTER ANNIVERSARYS



Dwight and Kathleen Grosvenor  
Joe and Nancy Johnson

## Quick Quiz - - - Brain Teaser

Together, Harry and Sam caught 24 fish. Harry caught three times as many fish as Sam. How many fish did Harry catch

- (A) 12
- (B) 14
- (C) 16
- (D) 18
- (E) 20

Answer below

## Did You Know

### State Ship

#### *Lady Washington*

The legislature designated the *Lady Washington* as the official ship of the state of Washington in 2007.

Built over a two-year period and launched on March 7, 1989, the ship was built in Aberdeen by the Grays Harbor Historical Seaport Authority. Master shipwrights from all over the Pacific Northwest constructed her near the confluence of the Wishkah and Chehalis rivers. The *Lady Washington* is based in Aberdeen.

A reproduction sailing ship of the original Washington/Lady Washington that sailed during approximately 1750-1798, the vessel type is a "brig," indicating the configuration of the sails.

The Office of the Secretary of State for the state of Washington holds a mortgage on the vessel to secure the investment of the people of Washington.

(photo courtesy of Ron Arel)



**You, the reader, must have something Old, something New? Please send to your Editor**

Answer: (D) 18

**This space**

**is available**

**for a story as told**

**from a member.**